Oregon Food Bank is here to help you and your family.

Food is available to all who need it. You may be eligible for food assistance programs like SNAP (sometimes called food stamps) or school meal programs for your kids. And our 1,400+ pantries and food assistance sites remain open across Oregon and Southwest Washington — with increased cleaning and changes in service to help minimize contact among groups of people. (Hours and availability are updated daily. Please call ahead before visiting a partner agency.)

Find support near you:
Find Food | Summer Meal Sites | Apply for SNAP | Community Resources

Important Notice: If you are sick and in need of food assistance, please stay home and send someone else to pick up food. Additional information and forms:
English | Español | Русский | Tiếng Việt | 中文 | ىibrع

Need additional assistance? Email us directly or call (503) 505-7061. Our team of navigators is available between 9:00 a.m. and 5:00 p.m., Monday through Friday.